

The Catholic Mass...Revealed – Study Sessions

Introduction and Overview

The study sessions are designed to be a GUIDE, not an absolute format.

We offer the material to help a group come together to form a small Discussion team focused on the Mass. It is meant to create Community within the social setting and to aid the church in her evangelizing and educational mission.

The Format Formula.

We first open each session with Prayer and a reading from the Gospel. We then offer points of reflection and discussion on the Gospel, simply to spur lights that may come from the Holy Spirit at this time. It is not necessary that all the points of reflection be used, they are there as simply a guide if it is needed.

Afterward, we focus on specific chapters in the book and DVD. We suggest that the participants read the corresponding chapters in the book and listen to the commentary CD **before** arriving to the study session. It will make for a more fruitful session. The DVD chapters will be played to set the stage for discussion.

A section of the Book is offered with discussion points. These points are again a GUIDE, not an absolute. It is not necessary to complete all of the discussion points. The leader can decide if you need a new point from the list or offer one of their own based on how the discussion is moving. After the designated time has past, move to the next section in the study guide.

This is repeated until all of the sections have been covered for the session and then close with a prayer.

Comment on the Leader

It is recommended that the person leading the session be a well formed Catholic who has knowledge of the Mass, Catechism of the Catholic Church and is comfortable in leading a group. The leader is **not** a teacher, but simply keeps the session moving according to the time and makes sure each participant is involved. As well they are there to handle the logistics of organizing the sessions.

Suggested Setting and Supplies:

These sessions can be done in any environment, Homes, Parishes, Schools, Places of business, anywhere that can handle a group of 5 – 12 people. We suggest not making the group larger as it would be difficult for everyone to participate.

We suggest each person have a Copy of The Catholic Mass...Revealed Collection and a Bible. Other resources such as a Missal or Catechism are useful, but not required for the session. You will need a DVD Player, TV, and a CD Player for Music.

We suggest that the session not exceed 2 hours.

Have a Great Session and we pray the Holy Spirit will enkindle in you the Fire of His Love!